



Nairobi APEL Guide

DIPLOMA OF HIGHER EDUCATION IN PALLIATIVE CARE

Nairobi Hospice in association with Oxford Brookes University

GUIDELINES FOR DEMONSTRATING EVIDENCE OF PALLIATIVE CARE EXPERTISE (for applicants)

Thank you for your interest in the Diploma of Higher Education in Palliative Care. This renowned course consists of six specialist modules and two foundation or introductory modules. We anticipate that applicants to this course will have already undertaken an introductory course in palliative care and/or have professional experience in this speciality. We have therefore designed the programme with this in mind and have organized the curriculum so that this experience is recognized and valued before you commence your course. The six specialist modules will be taught at Nairobi Hospice, Kenya, in association with Oxford Brookes University, UK.

To enable you to progress to the specialist modules and have the introductory modules recognized as completed, we need to ask you to demonstrate your understanding of palliative care and an ability to express this in writing. We therefore require you to write a short account of a recent event in your practice that demonstrates the principles of palliative care. For example, you may wish to recount how you assessed someone's pain or their distress or how you supported a family or a member of the team. You may find it helpful to use the following headings to organize your account:

- A. Description of the event which you are going to discuss
- How you felt about it?
 - Try to focus on one aspect of the event
 - What knowledge did you use to understand the situation better?
 - (Think about different forms of knowledge for example, literature, practice, ethical and self-knowledge)
 - What have you learned from this event? What sense do you make of the situation?
 - What do you still need to learn? (action plan) and how will you achieve it?

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The work that you produce should demonstrate achievement of the following learning outcomes:

1. understanding of the principles of palliative care;
2. awareness of ethical, social and cultural issues in palliative care practice;
3. thoughtful interaction with patients and their families;
4. ability to undertake comprehensive assessment;
5. sensitive care for patients and their families;
6. ability to work effectively as a member of a multidisciplinary team, respecting and valuing the contribution of other team members;
7. clarity of expression in written work.

These learning outcomes will be used by the course team to evaluate the quality of your work.

Your account should be about 2,500 words in length and typed/word processed. Please reference any texts that you refer to using the Harvard system (e.g. Smith 1999) and enclose a list of references at the end.

B. In addition, you should provide a **Curriculum Vitae (CV)**, outlining:

- Your qualifications, including institution and date of award;
- All of your employment to date, with a brief reflection on what you feel you learned and what you feel that you achieved within each role;
- Please outline any other relevant experience that may be taken into account, which is not a formal qualification, either at home or in voluntary or paid work;
- A reflection on your personal and professional development overall, and how you would like this course to help your career to develop further (approximately 250 words).